

Nutrition Month Recipe

Rainbow Fruit Crackers

Ingredients

12 whole week crackers
Peanut butter or alternative
Cream cheese
Assorted fruit:
2 bananas, 4 strawberries,
3 kiwis etc.



How to

1. Cut fruit into slices.
 2. Assemble cracker by spreading peanut butter/cream cheese on to cracker.
 3. Place fruit on top.
- Enjoy!

